

FIFTH SUNDAY AFTER PENTECOST  
July 5, 2020 - Year A

**A Call to Intentional Discipleship  
Keep the Faith & Bear the Fruit of the Spirit**

**6:30 a.m.**

**HOLY EUCHARIST**

O.T. Lesson Genesis 24:34- 38, 42 - 49, 58- 67 Deryke Smith  
Psalm 45: 11 - 18 **Refrain** "O Lord the people shall give you  
(BCP page 526) praise forever. Alleluia"  
Epistle Romans 7:15 - 25a Sharon Northover  
Gospel Matthew 11: 16 - 19, 25 - 30  
Intercession Form B. Page 107

**8:00 a.m.**

**SOLEMN EUCHARIST AND SERMON**

Processional 2 Awake my soul, and with the sun  
O.T. Lesson Genesis 24:34 - 38, 42 - 49, 58 - 67 Bruce James  
Psalm 45: 11 - 18 BCP page 526 **Chanted**  
Epistle Romans 7: 15 - 25a Denise Kitson  
Gradual (Sequence) 500 I heard the voice of Jesus say  
Gospel Matthew 11: 16 - 19, 25 - 30  
Sermon Rt. Revd. Dr. Robert Thompson  
The Nicene Creed BCP Page 104  
Intercession Form H page 120  
Offertory Hymn 514 Come let us sing of a wonderful love  
During Communion 516 Does Jesus care ..., 522 I am thine, O Lord  
Recessional 517 Forth in thy name, O Lord, I go,

**Connecting to the streaming link for 8:00 a.m. Service**

**<https://www.facebook.com/sapcjamaica>**

1. Click on the link above
2. On the page that says St. Andrew Parish Church, scroll down until you see Live video.
3. Click on Live and you are on.  
If you receive the link via WhatsApp follow the same as above.  
**You can also connect via computer.**  
**You do not need a Facebook account to get on**

**Diocese of Jamaica & The Cayman Islands  
ST. ANDREW PARISH CHURCH**

*Patron Saint Andrew The Apostle*

**Half - Way -Tree, Kingston 10. Telephone: 968-9366, 926-6692 , 926-0988**

Office hours 9:00 a.m. - 5:00 p.m. Mon.- Fri.

Rectory: 927-0402 Curatage: 926-0800

E-mail: [standrewch@cwjamaica.com](mailto:standrewch@cwjamaica.com)

[standrewparishch@gmail.com](mailto:standrewparishch@gmail.com)

Website: [www.standrewparishchurch.com](http://www.standrewparishchurch.com)

**Chapel of Ease:**

**St. Thomas - Majesty Gardens 10:30 a.m. and St. Clement's - Kencot 10:30 a.m.**



**INTENTION FOR THE YEAR:**

**A Call to Intentional Discipleship,  
Keep the Faith & Bear the Fruit of the Spirit**

**CLERGY**

Rector/Curate	Revd. Canon Siranno Kitson, D. Min.
Assistant Clergy	Revd. Fr. Craig Mears
Supplementary Clergy	Revd. Deacon Claude Campbell
Church Army	Sister Andrea Taylor-Smith

**Wardens**

Rector's Warden  
Mrs. Ruby Anderson  
Email ([rubyelaineanderson@gmail.com](mailto:rubyelaineanderson@gmail.com))  
People's Warden  
Dr. Nigel Elliott  
Email ([nelliottdvm@hotmail.com](mailto:nelliottdvm@hotmail.com))

**Administration**

Office Administrator & Ops. Officer  
Mrs. Merle Thomas  
Administrative Assistant  
Mrs. Hortense James  
Receptionist - Miss Roslyn Reid  
Asst. Verger - Miss Ann Morrison

**The Rector is out of Office on Mondays**

Whenever we face a threat to our lives, the posture we adopt is either flight or fight. Often times we get ready to fight or we run like Usain Bolt. For some of us there is neither flight nor fight, as we get frozen and immobile, unable to do anything. As we face difficult and challenging situations in life, the application of flight, fight or to be frozen are the reactions of many Christians who also arm themselves with the power of prayer. In the Gospels we see how Jesus faced many situations that posed a threat to his life, as he did not adopt a posture of fight, flight nor did he freeze. He responded with a calm temperament and a resolute conviction of trust in the presence of God the Father, and His resilient faith in the Father working His transformative actions through Him. Jesus was on God's Mission of liberation and redemption.

The multiple capability of Covid 19 presents a threat to our health and lives. Its unseen presence cannot be deterred with a flight response nor can we remain frozen and do nothing. Our only option is a sustainable fight with face masks, physical distancing and hand sanitizing which has become 'tiresome' for many people. There is also the 'cabin fever' effect which has overwhelmed a number of people and has elicited a feeling of being despondent and having a 'low spirit'. For us as disciples of Jesus, a necessary antidote for this condition is the activity of praying in a posture of praise and gratitude as we lift up our hands and pray, "Our Father in heaven ..., Glory to God..., Praise the Lord!" This is not an exchange of praise for a blessing rather it is facilitating the soul, expressing praise and gratitude to rest and commune with God.

This activity of spiritual exercise is necessary for our mental and emotional health, in addition to physical workout, as it enables us to desire the "sacrament of the spirit" the broken bread of the Body of Christ and the nourishment of the Word, which gives us strength to fight the good fight and generates spiritual courage to face the challenges of each day. At the heart of discipleship is an intentional daily spiritual exercise, which recalibrates our hearts from fear or flight and being despondent, for us to know and feel that we are God's beloved who are sustained each day by His grace and mercy and preserved by His Wisdom and unconditional love.

We extend a warm welcome to The Rt. Revd. Dr. Robert Thompson and his wife Charmaine, also to all our visitors who are worshipping with us today and to those who are viewing online.

**Birthdays for this week:** Jean King 05/07, Enid Lawrence and Andre Morgan 10/07 and Shari Smith 11/07.

**Condolence is extended to** the family of Denis Goldson, to Dudley McLean on the passing of his aunt Pauline Skinner and to Melrose Reid on the passing of her aunt Gloria Grant.

**Congratulations** to our Rector as he celebrates the fortieth Anniversary of Ministry. We pray God's richest blessings on him and his family as he continues to serve as a Presbyterian of the church.

### SICK AND SHUT - IN

Egbert Robertson (Priest)	Juliet Gordon	Joscelyn Richards
Ernie Gordon (Priest)	Horace Marsh	Lynford Collins
Alton Tulloch (Priest)	Trevor Blake	Peter Cuthbert
Heron Wright	Cecil Buchanan	Dawn Seaton

**Kindly inform the Church Office when you become aware of members who are ill at home, in hospital, or absent from Church for a while.**

**We express thanks to our members who continue to give sacrificially to ensure that the ministry and mission of the church are sustained as we continue to witness and minister in these challenging times.**

**Please note electronic transfer to the Church's Account can be made through members banking facility. (St. Andrew Parish Church, NCB Half Way Tree A/C # 301045077).**

### ACTIVITIES THIS WEEK July 5 - July 11

The Church is open **Monday to Friday** between **9 a.m. and 5 p.m. for prayer**

Monday	9:00a.m.	Holy Eucharist (Thomas Moore)
Tuesday	9:00 a.m.	Holy Eucharist
Wednesday	6:30 a.m.	Holy Eucharist
Friday	9:00 a.m.	Holy Eucharist
Sunday	7:00 a.m.	SAPC Choir Rehearsal

**Readings for July 12, 2020 : Genesis 25: 19 - 34, Psalm 119: 105- 112, Romans 8: 1 - 11, Matthew 13: 1 - 9, 18 - 23.**

**REVIVAL MASS SETTING (REVISED)**

**THE KYRIES** (*Tune: I Heard the Voice of The Rastaman*)

Lord have mercy,  
have mercy pon wi soul  
Lord have mercy pon  
fi wi soul, fi wi soul  
Lord have mercy pon fi wi soul

Christ have mercy,  
have mercy pon wi soul  
Christ have mercy pon  
fi wi soul, fi wi soul  
Christ have mercy pon  
fi wi soul

Lord have mercy,  
have mercy pon wi soul  
Lord have mercy pon  
fi wi soul, fi wi soul  
Lord have mercy pon fi wi soul

**GLORIA IN EXCELSIS** (*Tune: Don't You Trouble Zion*)

**Refrain:**

*Glory to God on High (rpt.)  
And peace to God's people,  
God's people pon di earth  
Glory to God on high oh*

2. Lord Jesus Christ  
Son and Lamb of God  
All sin you remove,  
Have mercy and hear wi cry. **R**

1. Lord God heav'nly king  
Mighty God and Father  
We worship you  
Praise and thanks to you. **R**

3. You are the Holy One  
You are Lord, most High  
With the Holy Spirit, Glory be  
to you.

**GOSPEL ACCLAMATION**

Alleluia, Alleluia!  
The Lord God Almighty reigns  
Let us rejoice and sing, and give  
Him glory. All the glory  
Alleluia! Alleluia!

**SANCTUS**

Holy, holy, holy, holy Lord  
Lord God of pow'r, pow'r and might  
Heav'n and earth are full, oh  
Of your glory  
Holy, holy, holy, holy Lord.

Blesses is He who comes  
in the precious name of the Lord  
Hosanna upon high,  
Oh Hosanna upon high  
Blessed is He who comes.

**The Acclamation**

Christ has died Alleluia'  
Christ is risen Alleluia  
Christ will come again Alleluia  
Amen, Amen, Amen

**The 2<sup>nd</sup> Acclamation**

Blessin and honour Alleluia  
Glory and power Alleluia  
Be yours fore and ever Alleluia  
Amen, Amen, Amen, Amen

**Agnus Dei**

(*Tune: Roll Jordan Roll*)  
Oh Lamb of God, oh Lamb of God  
You take away the sin of the world  
Have mercy pon wi soul  
(Repeat)

Oh Lamb of God, oh Lamb of God  
You take away the sin of the world  
Give us peace

**The Lord's Prayer Fr. Ho Lung**

Our Father who art in heaven,  
Holy, holy, holy be Thy Name,  
Our Father who art in heaven,  
Holy be Thy name  
Thy kingdom come on earth,  
Thy will be done on earth,  
Thy kingdom come on earth  
as it is in heaven.

Give us this day our daily bread (Repeat x  
3)

And forgive us our trespasses (Repeat)  
As we forgive those who trespass against  
us,  
Forgive us our trespasses.

Do not lead us into temptation (Repeat)  
But,  
deliver us from all evil, (Repeat)

For the kingdom the power and the glory  
are yours  
Now and for ever and for ever more  
Amen, Amen, Amen! X4