Diocese of Jamaica & The Cayman Islands ST. ANDREW PARISH CHURCH

Patron Saint Andrew The Apostle

Half - Way -Tree, Kingston 10. Telephone: 968-9366, 926-6692, 926-0988 Office hours 9:00 a.m. - 5:00 p.m. Mon.- Fri.

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Chapel of Ease:

St. Thomas - Majesty Gardens 10:30 a.m. and St. Clement's - Kencot 10:30 a.m.



INTENTION FOR THE YEAR: A Call to Intentional Discipleship, Keep the Faith & Bear the Fruit of the Spirit

CLERGY

Rector/Curate Revd. Canon Sirrano Kitson, D. Min.

Assistant Curate Revd. Fr. Mark Jones Assistant Clergy Revd. Fr. Craig Mears

Supplementary Clergy Revd. Deacon Claude Campbell
Church Army Sister Andrea Taylor-Smith

Wardens

Rector's Warden
Mrs. Ruby Anderson
Email (rubyelaineanderson@gmail.com)
People's Warden
Dr. Nigel Elliott
Email (nelliottdvm@hotmail.com)

Administration

Office Administrator & Ops. Officer
Mrs. Merle Thomas
Administrative Assistant
Mrs. Hortense James
Receptionist - Miss Roslyn Reid
Verger - Mr. Vernon Miranda
Asst. Verger - Miss Ann Morrison

The Rector is out of Office on Mondays

Rector's message

The Lenten journey from Ash Wednesday to Holy Week is intended to prepare us for the celebration of the death and resurrection of Jesus Christ, the Christian Passover. By the year 330 AD, the Lenten season was a common practice in the early church and was established to focus the Christian community on "the frailty and uncertainty of human life" and the "need for repentance, and for the mercy, forgiveness and grace proclaimed in the gospels ..." (BCP pg. 210) During the period of Lent we are called to reflect on our spiritual and emotional health. "Lent requires me as a Christian, to stop for a while, to reflect again on what is going on in me. I am challenged again to decide whether I, myself, do truly believe that Jesus is the Christ" (*The Liturgical Year*, Joan Chittister). In other words, we are called to a time of introspection with the intention of recommitting ourselves to follow Jesus.

The Lenten Spiritual Disciplines of practicing Piety (Matt.6:1-18), which includes almsgiving, prayer and fasting, are intended for us to demonstrate humility, reverence and holiness of life. As we practice Piety we examine the source of our motive for being charitable (almsgiving), our relationship with the Lord (prayer) and abstention (self denial) for the sake of self discipline, in order to neutralize our propensity for self centeredness and self absorption. We are challenged to turn from focusing on self, after all, we spend a lot of time thinking about how we are feeling, or how we look, or what people think about us. In this regard, Jesus states that we are to get over ourselves and our self-preoccupation and acknowledge and accept that God is the center of life and creation. For God is here, to renew us, revitalize us through the power of the Holy Spirit and refocus us towards the fruits of the Kingdom which are love, forgiveness and self-giving, for the single purpose of revealing the light of the heart of God

It is unfortunate that most of us live our lives in submission to the temptation of self reliance. In this context the critical question we are to ask ourselves is, should we ask God for help to change and to be renewed when we can be in charge of our own lives? "Remember you are dust and to dust you shall return" (Gen 3:19). This we are to remember and the reality that we are unable to live without our Father God, who loves us in deeper ways than we are able to understand, with long suffering and a patient heart.

We extend a warm welcome to all our visitors worshipping with us today. We extend special welcome to Prof. Kathleen Brown, into the St. Andrew Parish Church family.

Sirrano+

2.

Anglican Intentional Discipline

Reading Luke 6:43 - 49

Jesus uses the example of a good tree bearing good fruit and of a wise builder digging firm foundations. He says that we will be known by our fruit and that the house built on rock will be able to stand firm even when the storms come.

Our Story

A man moved into a new house. In the garden was an apple tree, but the fruit on the tree was so small that he assumed it was a 'crab apple' tree, not a tree whose fruit is good to eat. A friend visited him, and as they sat in the garden the owner of the new house expressed his disappointment that the tree was not going to give him any fruit; that it was the wrong sort of tree. 'It isn't a crab apple tree,' his friend replied. 'It is an apple tree. But it has never been pruned.' So that winter the man pruned his tree. The following summer it produced a magnificent harvest.

Questions for Getting Started

- 1. Can you think of times in your life when you have had to be pruned?
- 2. Have there been times when you have had to give things up, stop and start again, or change your priorities in order that your life might bear fruit?
 - (a) How did it feel?
 - (b) Who did the pruning?
- 3. How did it make a difference?

ASH WEDNESDAY COLLECT

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE PRAYERS OF INTERCESSION

Leader: Lord, as we journey towards Easter, refresh, renew and restore us in your service. We pray for churches with insufficient vitality and vibrancy. We remember churches struggling for survival. We pray for Christians drained of energy and resources. We remember especially those who thirst for your presence and your saving power. We pray for all leaders of worship, Howard, Archbishop; Robert and Leon, Suffragans; Sirrano, Mark, Craig, Claude, Andrea, and all church workers.

We pray to you O Lord

All: Lord, hear our prayer.

Leader: Lord of the Nations, we pray for the leaders of the world and for those who make decisions on our behalf; for Patrick, Governor General; Andrew, Prime Minister; Peter, Leader of the Parliamentary Opposition; all Members of Parliament and the Judiciary, that they may serve justice and protect and safe-guard our human rights.

We pray to you O Lord

All: Lord, hear our prayer.

Leader: We pray for all who thirst after justice, all who are working hard for the development of our country. We remember all who are suffering from weariness and exhaustion, for the fearful and the forlorn. We pray for all who live in inner-city communities and our neighborhood, for the unemployed and unemployable.

We pray to you O Lord

All: Lord, hear our prayer.

Leader: We pray for all who are going through a period of testing and dryness, in their faith or their relationships. We pray for those whose zeal has cooled, for all who have lost their first vitality and zest for spiritual growth. We pray for all who are suffering from a lack of love in their homes and relationships. Enlighten with your wisdom all our teachers and students. We pray also for parents and guardians. We pray to you O Lord

All: Lord, hear our prayer.

Leader: We remember all who feel wrung out or dried up, all who are wearied with the journey of life, all who feel they are near to perishing.

We pray for all who cannot cope by themselves, for all who are in care, and those who care for them. We remember all who are in a hospice. We pray for the sick ... May they feel your presence and healing power.

We pray to you O Lord

All: Lord, hear our prayer.

Leader: We give thanks for the fellowship of those whose journey is over, those who hunger and thirst no more and all who have been refreshed and restored in your kingdom. We pray that we may share with them in the fullness of life which is eternal. We remember the departed...

Silence May be Kept

Eternal God and Father, we thirst for your love, we long for your presence, we yearn for your peace. Come, Lord, restore us that we may live to your glory; through him who gives us the water of life, Jesus Christ our Lord. Amen.

Intentional Discipleship Prayer of the Diocese

Heavenly Father, we thank you that you have awakened Your Church to hear again, the call of our Saviour Jesus Christ to come to Him and learn from Him. Grant that as we say "Yes" to discipleship, your Holy Spirit will enable us so completely to commit all areas of our lives to His service, that in our personal, family and church lives, our work, recreational and social lives, we would act as Jesus would have acted if He were in our place; in His name and for His sake we pray. **Amen.**

SICK AND SHUT - IN

Egbert Robertson	(Priest)	Ellonia Gordon	Marion Phillips
·	(Priest)	Heron Wright	Frederick Green
Alton Tulloch	(Priest)	Ivy Walters	Enid McFarlane
Lucille Campbell		Ilene Thomas	Gazlin Parnell

Kindly inform the Church Office when you become aware of members who are ill at home, in hospital, or absent from Church for a while.

5.

Faith Formation and Christian Education

Did you know?

That the ashes that are left over from Ash-Wednesday are not thrown away, they are mixed with dirt and sand and used at burials. (That is why the Priest says "Dust to dust and ashes to ashes"). That is the final time we are reminded that we are dust and to dust we shall return.

Quote for Reflection

We want to avoid suffering, death, sin, ashes. But we live in a world crushed and broken and torn, a world God Himself visited to redeem. We receive his poured-out life and being allowed the high privilege of suffering with Him, may [we] then pour ourselves out for others.

Elisabeth Elliot (195); A Lamp onto my Feet

Question for reflection

In what ways have we allowed the prayers we pray, the songs we sing and the sermons we hear, to shape our hearts and to do all that we commit ourselves to do during our Lenten Journey?

ACTIVITIES THIS WEEK March 8 - 14

The Church is open Monday to Friday between 9 a.m. and 5 p.m. for prayer

Baptism, Wedding and Funeral arrangements as well as Spiritual Direction are made by appointment with the Rector 876-926-6692

Monday	5:30 p.m.	Bible Study
Tuesday	9:00 a.m.	Holy Eucharist
Wednesday	6:30 a.m.	Holy Eucharist
	10:30 a.m.	Holy Communion to sick and shut-in. (Clergy)
	5:30 p.m.	Catechism Class for Baptism and Confirmation
Thursday	5:30 p.m.	Lenten Devotion - Pastor Darren McKoy
Friday	9:00 a.m.	Holy Eucharist
Saturday	11:00 a.m.	Little Brothers
	2:00 p.m.	Alleluia Choir Rehearsal
Sunday	7:00 a.m.	SAPC Choir Rehearsal

Readings for March 15, 2020: Exodus 17:1 - 7, Psalm 95, Romans 5:1 - 11, John 4: 5 - 42.

PARISH NEWS

Birthdays for this week: Janet Shaw 08/03, Constance Durant Dayes 09/03, Christiano Seaton and Patrick Gayle 10/03, Ellonia Gordon, Ruby Myrie and Dania Thompson 11/03, Nathan West, Victoria West, Myrtle White and Minnette Mitchell 12/03 and Robert Gregory 13/03.

Condolence is extended to Stephanie Williams and family on the passing of her brother Gladstone. To Elethia Johnson and family on the passing of her daughter Donna and also to the family of Lloyd James on his passing.

In a directive from the Archbishop, the Most Rev. Howard Gregory—"Consistent with positions being adopted across the Anglican Communion, I am directing that we immediately pursue and promote best-hygiene practices, that include advising parishioners with coughs and sneezes to:

- Refrain from handshaking during The Peace and
- To receive communion in one kind only. "
- ** Note: "One kind only = wafer only

Pre-Synod Conference will be held on March 24 at St. Luke's Church Hall. All Synod Reps, Alternate Reps, Deanery Council Reps, Wardens and Treasurers are expected to attend.

You are invited to Lenten Devotions on Thursday, March 12, at 5:30 p.m. the presenter will be Pastor Darren McKoy, Church of God in Jamaica.

We welcome our St. Andrew Settlement Family who are celebrating their focus month.

Fellowship Groups' Retreat - Saturday March 28, at the Church Hall, 8:30 a.m. to 4:30 p.m. Contribution \$1,500. All are invited.

Between October and December our Harvest Supper will be the ONLY Fund Raising event for our Church.

Tuesday Charity - Welcomes your Gifts of Cheese by Sunday, March 29.

The St. Andrew Deanery Sunday School Festival will be May 17, 2020.

Kingston Region Clergy Retreat will be at Hillcrest Diocesan Retreat Centre, Brown's Town, on May 18-21.

Annual Healing Conference will be on May 22 - 24.

SECOND SUNDAY IN LENT

March 8, 2020 Year A

A Call to Intentional Discipleship, Keep the Faith & Bear the Fruit of the Spirit

6:30 a.m. HOLY EUCHARIST

Old Testament Genesis 12:1 - 4 Douglas Folkes

Psalm 121 **Refrain:** "Our help is from the Lord who made

BCP page 641 heaven and earth."

Epistle Romans 4:1 - 5, 13 - 17 Sharon Northover

Gospel John 3: 1 - 17

Intercession page 4

8:00 a.m. SUNG EUCHARIST AND SERMON

Processional 368 Give to our God Immortal Praise

Old Testament Genesis 12:1 - 4 Shirley Thomas

Psalm 121 Chanted (All stand)

BCP page 641

Epistle Romans 4:1 - 5, 13 - 17 Denise Kitson

Gradual 120 My spirit longs for thee (Children leave -Sun. Sch.)

Gospel John 3: 1 - 17

Sermon Prof. Kathleen Brown

Intercession page 4

Offertory Hymn 327 Lord of the Church

During Communion 608, 325, 254, 497

Hymn Sun. Sch. 466 Father I Place into Your Hands

Recessional 417 Oft in danger, oft in woe

10:30 a.m. CONTEMPORY SERVICE

5:30 p.m. EVENING PRAYER