

Diocese of Jamaica & The Cayman Islands ST. ANDREW PARISH CHURCH

Patron Saint Andrew The Apostle

Half - Way -Tree, Kingston 10. Telephone: 968-9366, 926-6692

Fax: 960-8463

Rectory: 927-0402 Curatage: 926-0800

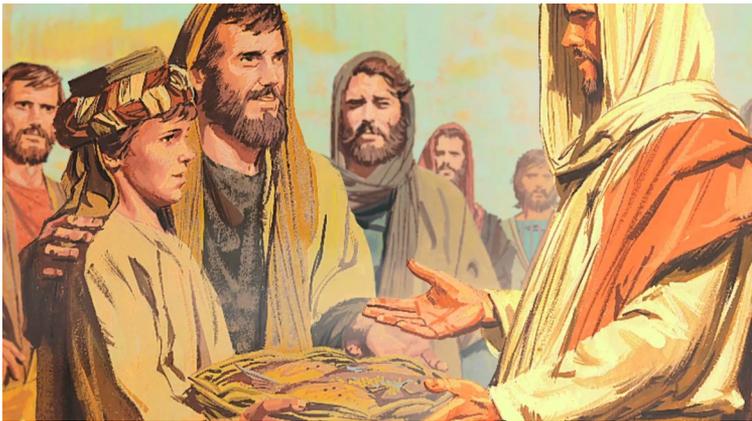
E-mail: standrewch@cwjamaica.com

standrewparishch@gmail.com

Website: www.standrewparishchurch.com

Chapel of Ease:

St. Thomas Mission - Majesty Gardens and St. Clement's Mission - Kencot



**INTENTION FOR THE YEAR:
Celebrating God's Love and Faithfulness**

CLERGY

Rector Revd. Canon Maj. Siranno Kitson, D. Min.

Assistant Curate

Revd. Larius Lewis

Church Army

Sister Andrea Taylor

UTC Student

Andre Waugh

Wardens

Rector's Warden

Mr. Claude Campbell

Email (cyborg@flowja.com)

People's Warden

Ms. Rhena Williams

Email (rhewilliams@yahoo.com)

Administration

Operations/Admin. Manager

Mrs. Merle Thomas

Administrative Assistant

Mrs. Hortense James

Receptionist - Miss Latoya Dixon

Verger - Mr. Vernon Miranda

Asst. Verger - Miss Ann Morrison

The Rector is out of office on Mondays.

*“Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. **He ate nothing at all during those days, and when they were over, he was famished.**” Luke 4:1-2.*

“...fasting in its fullest sense is understood as humbling oneself before God. Today, we tend to place more emphasis on feasting rather than on fasting. At best, we cover our discomfort about fasting by taking symbolic gestures during Lent, such as abstaining from chocolate, alcohol, or meat. Or we may choose to eat only one meal for the day on Wednesdays or Fridays (the latter in memory of Jesus' sufferings). Fasting may not be popular, but there is biblical affirmation for it.

In biblical times fasting was done as a preparation for revelation. Like Moses before, Jesus fasted before the temptations. It is an established principle that when the body is most disciplined, the mental and spiritual faculties are most alert. Fasting then is good for self-discipline. Our cravings for little luxuries are difficult to stop- we need to bring them under control before they control us. Fasting preserves the ability to do without things- how often do we indulge ourselves with things that are totally unnecessary, only to feel guilty afterwards. Fasting makes us more appreciative of things when we get them. It helps to put things into their right perspective. How much do we truly understand those who really face famine and starvation, whose gaunt images stare out from our TV screens?

Finally, wise fasting is good for our health. We need to give our bodies a break. There are too many of us who live to eat, rather than eat to live. It is one of the sad realities of our western world that obesity now has to be treated as a major life-threatening disease.

The modern age seems to have made something of a mockery of true fasting, and while Jesus condemned ostentatious attempts to do without things, He never meant that fasting should be eliminated from our religious life. Perhaps during this season of Lent and under the guidance of the Holy Spirit we should consider ‘prayer fast, instead of ‘prayer breakfast’, ‘funeral fast’ rather than ‘funeral repast’, and a fast day for our nation as it confronts the harsh reality of its economic woes. As it is written: “Man does not live by bread alone.””

We extend a warm welcome to all our visitors and friends, especially those from Nestle who are celebrating their 75th Anniversary. We pray that you receive God's blessing today and always. May God continue to bless you all.

Sirrano

Celebrant: Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you.

All: Thanks be to God

All: O thou to whom all hearts are open, cleanse the thoughts of our hearts. O thou to whom all desires are known, purify our desires. O thou to whom no secrets are hid, make known to us our inner life. Strengthen us to grow into that divine likeness which thou didst plant in us at our creation, that our feelings may rise from love and holiness, and our thoughts be governed by truth, O creator God, redeeming Lord and sanctifying Spirit. Amen.

The Confession

Celebrant: Seek the Lord while He may be found, call upon Him while He is near. Let the wicked forsake their way, and the unrighteous their thoughts; let them return to the Lord, that He may have mercy on them, and to our God, for He will abundantly pardon. For my thoughts are not your thoughts, nor are your ways my ways, says the Lord. For as the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.

Celebrant: Let us ask God for pardon and peace.

All: Almighty God, our heavenly Father, We have sinned against you and against our brothers and sisters, in thought, word and deed, in the wrong we have done and in the good we have not done, through ignorance, through weakness, through our own deliberate fault. We are truly sorry, and repent of all our sins. For the sake of your Son Jesus Christ who died for us, Forgive us and renew us, and grant that we may serve you in newness of life, to the glory of your holy name. Amen

Celebrant: The Absolution

THE TRISAGION

Holy God, holy and mighty, holy and Immortal One,
Have mercy upon us. (X 3)

The Collect for The Day BCP page 164

Refrain

Come just as you are
Hear the Spirit call
Come just as you are
Come and See, Come receive
Come and live forever (rept)

Repeat v1

Come just as you are
Don't you hear the Spirit's call?
Come just as you are
Come and See, Christ my King
Come and live forevermore.

Life everlasting, Strength for today
Taste the Living Water
And never thirst again
Come just as you are
Hear the Spirit call

Refrain

Sunday School Creed

I believe in Jesus
I believe He is the Son of God
I believe He died and rose again
I believe He paid for us all

And I believe He is here now
Standing in our midst
Here With the power to heal now
And the grace to forgive

Creed Cont'd

I believe in You, Lord
I believe You are the Son of God
I believe You died and rose again
I believe You paid for us all.

And I believe You're here now
Standing in our midst
Here With the power to heal now
And the grace to forgive.

Our Father – Kum By Yah

1. Father God in Heaven, Lord most high
Hear your children's prayer, Lord most high
Hallowed be your name, Lord most high
O Lord, hear our prayer

2. May your kingdom come, here on earth
May your will be done, here on earth
As it is in heaven, so on earth
O Lord, hear our prayer

3. Give us daily bread, here on earth
And forgive our sins, day by day
As we too forgive, day by day
O Lord, hear our prayer

4. Lead us in your way, make us strong,
When temptations come, make us strong.
Save us from all sin, keep us strong
O Lord, hear our prayer

5. All things come from you,
all are yours. Kingdom, Glory, Power, all are yours
Take our lives our gifts, all are yours
O Lord, hear our prayer

"Amazing Grace (My Chains Are Gone)" By Chris Tomlin

1. Amazing grace
How sweet the sound
That saved a wretch like me
I once was lost, but now I'm found
Was blind, but now I see

'Twas grace that taught my heart to fear
And grace my fears relieved
How precious did that grace appear
The hour I first believed

3. My chains are gone
I've been set free
My God, my Savior has ransomed me
And like a flood His mercy reigns
Unending love, amazing grace

4. The Lord has promised good to me
His word my hope secures
He will my shield and portion be
As long as life endures

[2x]

My chains are gone
I've been set free
My God, my Savior has ransomed me
And like a flood His mercy reigns
Unending love, amazing grace

The earth shall soon dissolve like
snow
The sun forbear to shine
But God, Who called me here below,
Will be forever mine.
Will be forever mine.
You are forever mine.

SICK AND SHUT - IN

Barrington Soares (Priest)
Matthew Thompson
Vera Hanson
Joyce Miller

Rebecca Collins
Millicent Williams
Muriel Smith
Cynthia Bonner

Agnus Dei

O lamb of God,
come cleanse our hearts
And take our sin away
O Lamb of God, Your Grace impart
And let our guilty fear depart.
Have mercy, Lord, We pray.
Have mercy, Lord, We pray.

O lamb of God,
Our lives restore,
Our guilty souls release
Into our lives your Spirit pour
And let us live for evermore
In perfect heav'nly peace.
In perfect heav'nly peace.

Did you know

The Eucharist is called a sacrifice because the Church's act of praise and thanksgiving is the way by which the sacrifice of Christ is made present, and in which He unites us to His offering of Himself.

Quote for Reflection

We can learn some crucial lessons about the Christian community from this brilliant image of the body. We see that every limb needs to be directly joined to Christ, otherwise it may look as if it belongs to his body, but in reality it will be like a glass eye or a false leg. It all begins with that personal commitment to him. It's vital.

This image make it clear that we all have different gifts, and we shall be accountable for their use to the Lord who gave them. **Don't you dear insult our maker by complaining.** "I don't have any gifts". **You have.** It is **your** responsibility, perhaps with the help of others, to discover them **and use them for him.**

After Alpha Michael Green

ACTIVITIES THIS WEEK (Mar. 15 - 21, 2015)

Monday	5:30 p.m.	Bible Study
Tuesday	9:00 a.m.	Holy Eucharist - St. Patrick Bp. 461
	5:30 p.m.	Finance Meeting
Wednesday	6:30 a.m.	Holy Eucharist - St. Cyril Bp. 386
	5:30 p.m.	Confirmation Class
Thursday	9:00 a.m.	Holy Eucharist - St. Joseph
	5:30 p.m.	SAPC Choir Rehearsal
	5:30 p.m.	Lenten Devotion
	6:00 p.m.	Church Committee Meeting
Friday	9:00 a.m.	Holy Eucharist - St. Cuthbert Bp. 687
Saturday	11:00 a.m.	Little Brothers
	2:00 p.m.	Alleluia Choir Rehearsal
	4:00 p.m.	Youth Fellowship

PARISH NEWS

350th Anniversary Celebrations
Theme: Celebrating God's Love and Faithfulness

Birthdays for this week: Loyle Herdsman and Denise Gooden 15/03, Paulette Hollingsworth and Judith Stephenson 16/03, Ruby Anderson and Denise Warren 17/03, Horace Abraham 18/03, Emery Woodstock and Douglas Evelyn 19/03.

Condolence is extended to the family of Lola Lewis. To Carl Duncan from the Care Centre on the death of his son Shaun .

Important the next meeting of **S.A.S** will be Tuesday March 17, at 5:30 p.m.

Please support our '**Bun Sale 2015**', 30oz - \$500; 38oz. - \$750; 42oz.- \$850 and 44oz - \$900

The St Andrew Parish Foundation sincerely thanks those who attended Tuesday's Concert by the Southern Chorale and the KC Chapel Choir for their support. It was a lovely event, and the outreach projects will be grateful for the assistance.

Tuesday Charity is seeking a volunteer nurse to assist with Blood Pressure Checks. Please contact Sister Rhena. Also they are asking for contributions of cheese for the Easter Bun treat., which will be on April 7.

February birthday group will be having a meeting in the Fellowship court after the 8 O'clock service.

March birthday group will be having a meeting in the Fellowship court after the 8 O'clock service.

Persons interested in starting or joining a fellowship group should contact Mr. Owen Streete, Mrs. Elsie Aarons, Miss. Fay Duncan, Mrs. Joey James or the Church Office.

Envelopes for 1st Sunday's 2nd collection are in the 'Envelope packages'.

The Youth Committee is seeking members and volunteers to be a part of our sports Evangelism Ministry. Interested persons please contact Donna Evelyn, Vincent "Ricky" Powell or Sister Andrea Taylor

FOURTH SUNDAY IN LENT

March 15, 2015 - Year B

6:30 a.m.

HOLY EUCHARIST

Old Testament	2 Chronicles 36: 14 - 23	Robert Gregory
Psalms 122		
(BCP page 641)		
New Testament	Ephesians 2: 4 - 10	Dawn Edwards-Taylor
Gospel	John 6: 4 - 15	
Prayer of Intercession		

8:00 a.m.

SUNG EUCHARIST AND SERMON

Processional	446	
Old Testament	2 Chronicles 36: 14 - 23	Matthew West
Psalms 122		
(BCP page 641)		
New Testament	Ephesians 2: 4 - 10	Shawna Kidd
Gradual	120	
Gospel	John 6: 4 - 15	
Sermon		
Prayer of Intercession		
Offertory Hymn	672	
During Communion	621, 622, 612,	
Recessional	413	

10:30 a.m.

MORNING PRAYER AND SERMON

Processional	389	
Venite	BCP page 36	
Psalms 122	(All standing) BCP page 641	
First Reading	2 Chronicles 36: 14 - 23	
Benedictus	BCP page 40	
Second Reading	John 6: 4 - 15	
Hymn	441	
Sermon		
Collection	459	
Recessional	413	

6:00 p.m.

HOLY EUCHARIST